

# Student Guide Rouen Campus



**Academic Year  
2018/2019**



Dear International Students,

On behalf of UniLaSalle, I would like to extend a warm welcome to all of you!

We are delighted that you have chosen to study on one of our 3 UniLaSalle campuses. International students are essential to our institution: you will be part of the prominent Lasallian network.

We will do our best to make your stay at UniLaSalle and in France an exciting and valuable experience. Indeed, living with people from all over the world offers many new and rewarding opportunities.

At UniLaSalle you are going to experience high-quality academic teaching, enjoy a wide range of student facilities and exciting events organized by the various student organizations.

We know you will enjoy exploring your new surroundings, experiencing our culture and traditions. We hope you will take full advantage of this experience of studying abroad, be it in the classroom or outside, discovering French gastronomy and admiring beautiful French landscapes.

The International Relations Office, as well as your buddy student, the French students and staff will be a great source of information. Just feel free to contact them!

This guide is designed to help you prepare for life as an international student. It contains practical information about the university, student life, and the rules and regulations that apply to you.

We hope that you are already off to a great start; good luck with your studies!



**Philippe CHOQUET**  
UniLaSalle - President



**Marie LUMMERZHEIM**  
UniLaSalle - Dean

## Table des matières

WELCOME TO UNILASALLE! .....	4
STUDY AT UNILASALLE ROUEN .....	7
ACADEMIC YEAR: ADMINISTRATIVE PROCEDURES .....	9
DAY TO DAY LIFE IN FRANCE .....	11
HOW TO FINANCE YOUR STUDIES? .....	12
STUDENT LIFE ON THE CAMPUS.....	13
Students Associations available at UniLaSalle.....	13
Sports facilities .....	14
Alumni UniLaSalle.....	14
International events .....	15
ACCOMMODATION .....	15
HANDICAP ASSISTANCE .....	17
HEALTH .....	18
LIVING IN ROUEN.....	20
EVERYONE CAN ACT FOR THE PLANET .....	21
ENJOY FREE TIME IN ROUEN .....	22
TOURISM IN NORMANDIE.....	23
IN CASE OF EMERGENCY .....	25
Documents to bring in your suitcase! .....	25

# WELCOME TO UNILASALLE!

## PRESENTATION OF UNILASALLE, Higher Education Institution

This Private graduate school, called ISAB (Institut Supérieur Agricole de Beauvais), was created in 1854 by the Christian Brothers with a speciality in Agriculture.

In 2006, more than 150 years later, the school merged with the Geological Institute, IGAL, and has been called Institut Polytechnique LaSalle Beauvais until 2016. In 2016, Institut Polytechnique LaSalle Beauvais merged with the school Esitpa Rouen, then in 2018 with EME Rennes and is now called Institut Polytechnique UniLaSalle.

UniLaSalle is a center for higher education in earth, life and environmental sciences that is recognized for its excellence in France and around the world. Under the aegis of Ministry of Agriculture and Ministry of Education, UniLaSalle is a member of Conférence des Grandes Ecoles, FESIC and Institut Catholique de Paris. The La Salle Association has been given the responsibility by the Congregation of Christian Brothers to supervise our institution in terms of curriculum and teaching methods, pastoral activities and links with other schools. It ensures that the commitment to the Lasallian mission is maintained.

Worldwide information, see: [www.lasalle.org](http://www.lasalle.org) ; for France, see: [www.lasalle-fec.org](http://www.lasalle-fec.org)

The school wishes to encourage values such as respect, sense of commitment and voluntary work, belief in equality and equal opportunities for the poor and underprivileged. Proof of this commitment can be found in the personal supervision students receive from faculty members, the promotion of extra-curricular activities in the academic programme and the comprehensive education offered by campus life and its vibrant community life.

Indeed campus life offers an exceptional experience of collective living calling upon a sense of responsibility to serve others and resulting in lifelong friendships.

All of the above is the foundation of the school's spirit and strength that is shared by the hundreds of thousands educated every year in LaSallian institutions around the world.

UniLaSalle has 2 500 students with approx. 450 students graduating each year, 250 employees with 105 professors, assistant professors and more than 300 part-time lecturers from companies and partner universities.

## Presentation of ROUEN campus

Our Institution is located in Mont-Saint-Aignan, in the suburb of Rouen. The railway station of Rouen is 10 minutes away by bus and 20 minutes from the historic quarter.

Discover the Normandy coast you can reach with 1 hour by car.

Rouen-Paris = 130 km = 1h15 by train (from Paris Saint Lazare station) = 1h45 by car

Rouen-Beauvais = 85 km = 1h40 by car

Rouen-Rennes = 315 km = 3h00 by car



## IMPLANTATION DES BUREAUX REZ-DE-CHAUSSEE



## IMPLANTATION DES BUREAUX / 1ER ETAGE



## CONTACTS AT UNILASALLE

International Relations Head Office Languages International and Cultures (LINC):

**Mrs Marie LUMMERZHEIM**, Dean (office B1041)

**Mrs Anne DUTRIAUX**, Associate Director for International Relations Mobility (Beauvais Campus)

**Mrs Emmanuelle GALENNE-MILHOUD**, Assistante Pôle Mobilité Internationale (office C2.114)

- Other contacts at UniLaSalle: Academic Office (DEF) :

**Laurence ALAIN** (office B2. 044)

**Caroline MARTINOT** (office B2. 043)

**Grégoire BOCA** Student Life (office B2-026) - GSM : 06.99.83.81.02

## STUDY AT UNILASALLE ROUEN

Programmes taught in French (academic calendar see Webaurion)

### STUDY PROGRAMME 4th year (MSc. Level) - 2018/2019

Semester	Academic Programme	ECTS	Lecturer
<b>S7</b>	<b>Agroecology</b>	<b>5</b>	<b>M. Legras</b>
	Sustainable land and water management in agrosystems		
	Agricultures and Sustainability		
	New technologies applied to crop management		
	<b>Agroindustry</b>	<b>4</b>	<b>R. Gattin</b>
	Food and non-food sectors		
	Water Quality and Process		
	Food Science	<b>5</b>	<b>O. Perrin</b>
	<b>Enterprise Sciences</b>		
	Corporate social responsibility		
	Management and communication		
	Business Strategy		
	Quality, Health, Security, Environment		
	Personal and Professional Project	<b>5</b>	
	Innovation Entrepreneur Servir I (IES)		
	<b>Innovation and Entrepreneurship</b>		
	R&D / innovation / industrial property		
	Marketing / market survey	<b>3</b>	<b>S. Taïbi</b>
	Introduction to Entrepreneurship		
	<b>Research &amp; Development Project</b>		
	Survey methodology	<b>4</b>	<b>J. Dantan</b>
	Research strategy		
	Self Learning		
	Supervised works		
<b>Data Management and Analysis</b>	<b>2</b>		
Big data and agriculture			
Biostatistics and software R			
VBA Excel	<b>2</b>		
<b>Option 1</b>			
Animal welfare, warehouses and New Technologies			
Quality management of raw materials	<b>2</b>		
Internet of Objects & Hackathon			
<b>Option 2</b>			
Aquaponics and urban crop systems			
Agricultural and agrofood logistics	<b>30</b>		
Geopolitics and agricultural and agrofood marketplace			
« Les Entrepreneuriales »			
<b>Semester 7</b>			

This programme is an estimation which could be modified for exceptional reasons

Programmes in English for one semester (or more):

- MSc. Urban Agriculture and Green Cities  
<http://international.unilasalle.fr/programs-taught-in-english/programs-taught-in-english-2/msc-urban-agriculture-and-green-cities/>
- MSc. Agricultural and Food Data Management  
<http://international.unilasalle.fr/programs-taught-in-english/masters-and-msc/msc-agricultural-data-management-decision-models/>

If you speak French, take courses during one semester (or more):

- Integrated BSc/MSc programme (Diplôme d'ingénieur) in Agronomy and Agro-industries  
<https://www.unilasalle.fr/formations/formations-d-ingenieurs/formation-ingenieur-agronomie-agroindustries-agroalimentaire-agriculture/>
- MSc Marketing, communication et ingénierie des produits alimentaires  
<https://www.unilasalle.fr/formations/bachelors-masters-ms-et-msc/ms-marketing-communication-et-ingenierie-des-produits-alimentaires/>
- MSc Biosciences, sciences du végétal, écoproduction et biovalorisation  
<https://www.unilasalle.fr/formations/bachelors-masters-ms-et-msc/master-biosciences-sciences-du-vegetal-ecoproduction-et-biovalorisation-ecobiovalo-2/>

## Holidays

Days off	Dates
All Saints holidays	29/10/2018 - 04/11/2018
Christmas holidays	21/12/2018 - 04/01/2019 included
Winter holidays	18/02/2019 - 24/02/2019
Spring holidays	15/04/2019 - 22/04/2019 included
Labour Day	01/05/2019
Victoire 1945	08/05/2019
Ascension Day	30/05/2019
UniLaSalle is closed	31/05/2019
Whit Monday	10/06/2019

Bank holidays in France:

November 1<sup>st</sup> (All Saints Day)  
November 11<sup>th</sup> (Armistice 1918)  
December 25<sup>th</sup> (Christmas)  
January 1<sup>st</sup>  
Easter Monday  
May 1<sup>st</sup> (Labour Day)  
May 8<sup>th</sup> (Armistice 1945)  
Ascension Day  
Whit Monday  
July 14<sup>th</sup> (National Day)  
August 15<sup>th</sup> (Assumption)

## Main contacts at UniLaSalle Rouen Campus

For any information you may need, the opening hours are from Monday till Friday 8:30-12:00 / 13:00-17:00. For any other serious problem (personal, psychological, academic), please contact the International Relations Office / Pôle Mobilité Internationale to help to face your problem.

## Academic procedure

All the selected courses must be confirmed by a duly signed Learning Agreement and attended regularly. The records and grades are marked according to the European Credit Transfer and Accumulation System (ECTS).

## Exams and validation

All courses have written and oral exams, tests, personal and group work.

In order to get ECTS credits / US credits you must complete them successfully with a minimum result of 10/20 or a grade between A to E.

If the result is less than 10 points out of 20, it means that the exam is failed (grade F) and no credits will be obtained.

## Absences

If you are sick or if you can't follow courses because of an important appointment (medical examination or Prefecture for example) you have to justify your absence by an official document to turn in to the administrative student office 48h maximum after the absence.

Justified absence during an exam: a retake exam will be scheduled.

At the end of the term, the academic committee checks and validates your results according to the grades system for a study period with a recognized degree (French « diplôme d'Ingénieur » or double-degree) as follows:

Grade A From the first 10% of the graduating class

Grade B From the next 25%

Grade C From the next 30%

Grade D From the next 25%

Grade E From the last 10%

Grade F (Fail) result < 10 – no validation

## Re-take exams

- For degree-seeking students: mandatory, check with the Academic Dean.

- For non-degree seeking students: according to your date of departure and modalities of the teacher concerned.

E-mail address and free Internet access: All students enrolled at UniLaSalle will get an email address: *FirstName.Name@etu.unilasalle.fr* with ID and password which allow you to access to Academic platforms WebAurion and Moodle.

Transcript of records: the International Relations Office will send your transcript of records to your Hosting Institution by regular mail and by e-mail.

French as a Foreign Language (FLE): In order to make life easier, and according to your request, you can attend courses of French at UniLaSalle.

Schedule via WebAurion.

Moodle is the studies platform for all UniLaSalle students.

Resource library Mon-Tue-Thu 8:30-19:00 Wed 8:30-12:30/13:30-19:00 Fri 8:30-17:00

5 IT classrooms (1<sup>st</sup> floor E1-014, E1-015, E1-016, E1-017 and E1-018) access from 8:00 to 19:00 and according to the general academic schedule.

## ACADEMIC YEAR: ADMINISTRATIVE PROCEDURES

### Civil liability

The law of civil responsibility makes it mandatory for you to repair damage that you cause to another person, whether it is by carelessness or breach of the law. Your responsibility can also be implicated in damage caused by people, animals, or objects whom or which you are responsible for. In order to avoid the direct payment of compensation to the victims yourself, you must have already subscribed to a civil responsibility insurance policy ("garantie responsabilité civile") with an insurance company. NB: this civil liability is included with the housing insurance. If you decide to live off-campus, you must get your own accommodation and liability insurance as it is compulsory in France!

According to the French law « orientation et réussite des étudiants », a compulsory contribution should be paid see « [Contribution Vie Etudiante et de Campus](#) » (CVEC), € 90 for the academic year 2018/2019.

## STUDENT VISA « LONG SEJOUR » Non-European Union students

As an international student enrolled at UniLaSalle Rouen Campus, you will get the support of the International Relations Office for the administrative process of your visa request: fill in the form, check the written proofs and send the file to the Préfecture of Rouen. Then you will receive by regular mail an appointment for finger prints and a receipt. Within approx. 8 weeks, you are informed you can pick your residence permit up at the Préfecture.

With one exception, the new VLS-TS visa (VLS-TS = Visa Long Séjour - Titre de Séjour) applies to all international students wishing to enrol in a French institution of higher education. The exception is Algerian nationals, who are subject to other provisions.

In most cases, the extended-stay visa with residence permit (VLS-TS) are valid for 1 year, "except in circumstances calling for the issuance of a visa with a shorter period of validity, as in the case (...) of some students."



### OFII procedures

When the VLS-TS visa is issued, the consulate will give the applicant an official form with instructions that the applicant must present to the French office of immigration and integration (OFII).

NB: This does not apply to visas specifying "dispense temporaire de carte de séjour". Holders of the VLS-TS visa no longer have to obtain a residency permit from the prefecture having jurisdiction over their place of residence in France, but they do have to report to the OFII and complete several administrative formalities. Upon arriving in France, a VLS-TS holder must turn in to the International relations office:

- official form received from the consulate that issued the visa
- copy of passport pages showing the visa holders identity and the stamp indicating entry into France (or into the Schengen area)

Upon receipt of these documents, the local office of the OFII will send you to the address you provided a letter acknowledging receipt of the form. Moreover, a tax of €60 (2017-2018 fees) must be paid by purchasing a tax stamp marked "OMI" or "ANAEM." The stamp may be purchased:

- online at [www.timbresofii.fr](http://www.timbresofii.fr)
- in shops that sell tobacco products (Tabac / Presse)
- at tax offices.

Algerian students applying for their first 1-year "residency certificate" are also subject to this tax. However, because they do not obtain an extended-stay visa with residency permit, they may not use the virtual stamp purchased online. Instead, they must purchase the paper version.



Documents to be provided:

- > A passport
- > 2 identity photos (bareheaded)
- > Proof of accommodation in France
- > Certificate of study/enrolment

- > Written proof of financial resources
- > A € 60 fiscal stamp (OFII)

Renewal of student visa “long séjour” for students registered at UniLaSalle for a study period of more than 1 year.

Within 2 months before the visa deadline expires, you will have to renew your visa in the Préfecture corresponding to the place where you are living: for example, if you are in internship outside Normandy, please see the corresponding Préfecture website to check the procedure! If your accommodation is still in Normandy, please schedule an appointment with International Relations Office by emailing [Emmanuelle.Milhoud@unilasalle.fr](mailto:Emmanuelle.Milhoud@unilasalle.fr)

If you miss the deadline, you have to pay € 180.

## DAY TO DAY LIFE IN FRANCE

### Open a personal bank account in France

Opening a bank account (free of charge) is mandatory for non-European students and strongly recommended for European students. It will help you to charge your Leo Carte (student card), receive your reimbursements from your medical insurance, get student discounts.

Documents to be provided:

- > Enrolment Certificate / Letter of Admission
- > Photocopy of passport and visa
- > Housing Certificate / Attestation de residence (residence halls certificate or rent receipt)

Money: withdrawals from automated teller machine



### Cost of living examples on the campus and in Rouen

Budget is personal and adapted to each individual (according to housing, needs and way of living). Nevertheless, we advise you to have monthly €700 for sustainable living conditions.

See average budget: <https://www.campusfrance.org/fr> or

[http://www.nplusi.com/fr/articles/26/Le\\_Cout\\_pour\\_vivre\\_en\\_France](http://www.nplusi.com/fr/articles/26/Le_Cout_pour_vivre_en_France)

Monthly Budget (2018) – FYI	
Housing (Crous)	Approx. € 300
Internet monthly subscription	€ 5
Food	€ 200
Insurance (housing)	€ 30
Public transportation in Rouen (< 26 year old)	€ 27.50
School supplies	€ 50
Entertainment/Leisure	€ 100
Overall budget	Approx. 700 €

Everyday life expenses (2018)	
Crous lunch	€ 2.30 (3 courses formula)
Lunch in a fast-food	€ 6
Dinner in a restaurant	€ 15 to 30
Cinema ticket	11.30 (student fare € 8.5)
Museum visit	€ 12 (free with your Student Card)
Sandwich + pastry + soft drink	€ 6
Coffee	€ 2
French Baguette	€ 1.10
Croissant	€ 1
Camembert cheese	€ 1.90
6 eggs	€ 1.20
Milk 1 litre	€ 0.90
Patatoes 1 kg	€ 1.20
Rice 1 kg	€ 1.90
Newspaper	€ 1.10
Train ticket Rouen-Paris	€ 10 (student fare OUISNCF)
Single room middle class hotel	€ 70

## HOW TO FINANCE YOUR STUDIES?

### Working in France during your studies

NB: please note that students enrolled in a degree have a very busy schedule

General information on <http://travail-emploi.gouv.fr/>

International students have the right to work while studying in France as long as they are enrolled in an institution that participates in the national student health-care plan.

Students who are not nationals of EU member countries must also hold a valid residency permit.

The right to work applies to all students, including those who are in France for the first time, those who are enrolled in the first year of a university program, and those who are enrolled full-time in a language school. The law allows students to work 964 hours in a given year, which corresponds to 60% of full-time employment for the year. Remember that you can't expect to meet all of your expenses by working part-time, so you must have other means of support.

France has a national minimum hourly wage, known as the SMIC. The SMIC presently stands at € 9.88 gross per hour worked, before mandatory withholding for social benefits. Withholding reduces the worker's net wage by about 20%.

You are no longer required to obtain temporary employment authorization (APT, Autorisation Provisoire de Travail) in order to work part-time while enrolled. Exception: Algerian students are still covered by the Franco-Algerian agreement of December 27, 1968.

### How to find a job?

The Career Centre is at your disposal: supportive team to build your professional project. Both within your training programme at UniLaSalle. Please contact Mrs Jessica CAUMONT (office B1-040; tel 02.32.82.91.70). On the platform [JobTeaser](#), you can access to job offers, details on various companies, positions, videos, etc...

[CRIJ](#) thanks to which you can find any student job.

[CAP EMPLOI](#) for any support handicapped people may need.

[AGEFIPH](#) for financial support for transportation, housing, internships abroad for handicapped people.

## STUDENT LIFE ON THE CAMPUS

### General view of the campus



### Student card « LéoCarte »

At your arrival, you will be given a personal card “Multipass” you can use as:

- > Student Card
- > Photocopy Card
- > Payment card at the “Restaurant Universitaire” or “RU”
- > Resource Library Card
- > Access card to the building UniLaSalle

Keep in mind that your Student Card is also a discount card for shopping, museum, cinema, restaurants, travelling, etc... It can be money uploaded by credit card via [www.lzly.fr](http://www.lzly.fr) .

### Students Associations available at UniLaSalle

#### Bureau des Élèves BDE and Bureau des Sports BDS

Many activities (sport, culture, parties, etc...) are organised by and for the students. Join any of the 25 clubs! (bee keeping, drawing/painting, rowing, basketball, horse riding, fencing, football, handball, karting, music band, photo, archery, oenology, rugby, tennis, volleyball, ...

Or any other association like Esitpa Conseil, Gala, Esitpa Voile, Jardins Étudiants, Miam, ISPVD (Ingénieurs en soutien aux pays en voie de développement), ... Please do not hesitate to contact them!

In order to promote international cultures, UniLaSalle International Association (new name soon!) is willing to organize dinners and parties with overseas specialties.

## Restaurants universitaires (RU) CAMPUS DE MONT-SAINT-AIGNAN

Pay with your Visa Credit Card or your Student Card [www.crous-rouen.fr/restauration/izly/](http://www.crous-rouen.fr/restauration/izly/)

Resto'U Panorama Tél : 02 35 70 70 45

Boulevard Siegfried, 76130 MONT-SAINT-AIGNAN

Brasserie la Boiserie Tél : 02 35 74 06 38

33 rue du Maréchal Juin, 76130 MONT-SAINT-AIGNAN

Cafétéria CESI Tel 06 07 79 54 80

1 rue Marconi, 76130 MONT-SAINT-AIGNAN

Cafétéria L'Express Cafet' Tel 02 35 14 64 98

Rue Lavoisier, 76130 MONT-SAINT-AIGNAN

Cafétéria du Panorapide Tél : 02 35 70 70 45

Boulevard Siegfried, 76130 MONT-SAINT-AIGNAN

Brasserie et cafeteria Lavoisier/ take away

Rue Lavoisier, 76130 MONT-SAINT-AIGNAN

Tél : 02 32 76 93 67

Brasserie de l'ESPE 2, Rue du Tronquet, 76130 MONT-SAINT-AIGNAN

And also [épicerie solidaires](#) or [banques alimentaires](#)

## Sports facilities

You will benefit from many sport facilities on the campus nearby UniLaSalle: swimming pool, rugby and football pitch, tennis courts, indoor sports, etc...) and also access to sport facilities in Rouen (ice hockey, horse riding, fencing, rowing, etc...).

### High level athletes

**CRSU** : [www.sportu-hnormandie.com/cmsms\\_new/index.php](http://www.sportu-hnormandie.com/cmsms_new/index.php)

**CESAR** : <http://cesar-rouen.crihan.fr/>

### Ola Pass' Sports, free tickets for basketball and handball matches

Métropole Rouen Normandie invites you to support the team of Rouen Métropole Basket (300 tickets available) and of Oissel Rouen Métropole Handball (100 tickets available) au Kindarena. Online booking via <http://www.metropole-rouen-normandie.fr/ola-pass-sports-de-la-metropole>

### Rouen Normandie Sup' Cup 2018

<http://www.metropole-rouen-normandie.fr/la-sup-cup>

### Free sport activities

[www.facebook.com/RDVSportsMetropoleRouenNormandie/](http://www.facebook.com/RDVSportsMetropoleRouenNormandie/)

**Alumni UniLaSalle** [Association des Anciens élèves](#) : network of 16000 graduated students.

## International events

### International Fair

In November, the International Relations Office invites you to the « International Week »: you will present your University and reply to the UniLaSalle students who would like to study abroad, you can also introduce the French students and staff members to your country and its traditions.

### Open Days (JPO = Journées Portes Ouvertes)

From January to March, 3 open days: you can spend one of these days to present your University, country and traditions!

**Nuit des étudiants du Monde (NEM) 5/10/2018** you will be invited to attend this national event organised by the Town Hall in October dedicated to the international students of Rouen to meet each other and receive useful information to spend an unforgettable academic and touristic semester/year in Normandy!

**Normandy Welcome Day (NWD)** is organised by Région Normandie, CESAR and the Higher Education Institutions for all International Students (February 2019).

### Main events

**Tournoi Normandie Tech (TNT)** is an annual tournament of many sports.

Kick Off is an annual tournament of football with masculine AND feminine teams.

**Les Zazimuts** is a programme of culture and sport free animations, best way to discover Rouen city.

## ACCOMMODATION

As UniLaSalle has an agreement with the Crous Rouen Normandie, you can ask for an accommodation next to the institution less expensive, within the limit of the number of flats available. Otherwise, you are free to find a flat by yourself via <https://www.lokaviz.fr/>.

In case you have no European « garant », see the required procedure [Visale](#).

**Students Residences universitaires** (Insurance / Housing assistance / Accommodation renting).

[www.messervices.etudiant.gouv.fr](http://www.messervices.etudiant.gouv.fr)

Before the check in, you must:

- pay the security deposit (which will be refund within 3 months after your check out) which is to provide in case you stop paying the rent or damages are recoverable.
- fill in the form "Acte de caution solidaire" meaning Guarantee by a reliable person of your choice (family, friend).

The rent is to be paid **monthly before each 10<sup>th</sup>** either by cheque in the mailbox of the Pléiade reception or online via [PaytheRentCrous](#)

### Housing Financial Support (APL/APS) [CAF de Rouen](#)

If your accommodation is in Crous-run residence hall, all international students are entitled to an accommodation allowance (APL/ALS) from the French government via Caisse d'Allocations Familiales – except student visa with "dispense de titre de séjour". The amount varies according to the rent paid. A subscription online is required: collective appointment will be scheduled in the following weeks of your arrival. Before starting entitlement, a French bank account is required. Document regarding international students (in English):

[http://www.caf.fr/sites/default/files/cnaf/Documents/international/aleetudiant2015/ALE\\_ENG.pdf](http://www.caf.fr/sites/default/files/cnaf/Documents/international/aleetudiant2015/ALE_ENG.pdf)

Online Form to submit: <http://www.caf.fr/aides-et-services/les-services-en-ligne/faire-une-demande-de-prestation>

## Student Residence Halls run by Crous Rouen Normandie

with the choice between (subject to availability)

Either a 9 m<sup>2</sup> bedroom located in the residence "Le Bois" with the right to the ALS (housing assistance) washbasin, shower, WC, single bed, desk, chair or stool, cupboard, fridge, Internet access, equipped collective kitchen sink, hotplates.

Or a 15 m<sup>2</sup> flat located in the residence "La Pléiade" with the right to the ALS (housing assistance) washbasin, shower, WC, single bed, desk, chair or stool, cupboard, Internet access, equipped kitchen sink, hotplates, fridge.

**IMPORTANT: You must bring your own pillows, duvet and sheets, towels, cutlery and tableware.**

Accommodation	Monthly Rent	Administrative Fees	Security Deposit
Small flat (15 m <sup>2</sup> ) Residence La Pléiade	€ 329.70	€ 30.00	€ 329.70
Bedroom (9 m <sup>2</sup> ) Residence Le Bois	€ 235.00	€ 30.00	€ 235.00

All fees might increase on 1<sup>st</sup> January 2019.

Included: housing tax, cleaning of the common areas, heating, electricity, hot and cold water, WIFI

Documents to be provided:

- deposit of the same amount of the monthly rent which you will get back within 3 months after your departure if no damage is identified.
- « Acte de caution solidaire » form filled in and signed by a guarantor who is somebody (family, friend) reliable to pay in case you would stop paying the rents. Your Guarantor must be a European Citizen and give you proof of living sustainability. Or else you must subscribe to Visale the online platform administered by the French Government.
- Housing insurance (fire, flood, explosion).

## Private student residences

Downtown near the campus Pasteur Law Faculty:

- Résidence Studéa Rouen Préfecture
- Résidence [Résidences étudiante Omega](#)

And also:

- For a short stay (<8days) Youth Hostel [auberge de jeunesse](#) in Rouen.
- <http://www.crijnormandie.fr/-Annonces-jobs-logements-cours.html>
- <https://clubetudiant.com/>
- [www.adele.org/residence/agglomeration/rouen/logement-etudiant](http://www.adele.org/residence/agglomeration/rouen/logement-etudiant)
- [www.immojeune.com/logement-etudiant/rouen-76.html](http://www.immojeune.com/logement-etudiant/rouen-76.html)
- [www.location-etudiant.fr/logement-etudiant/Rouen-76540.html](http://www.location-etudiant.fr/logement-etudiant/Rouen-76540.html)
- [www.residenceetudiante.fr/rouen-76.html](http://www.residenceetudiante.fr/rouen-76.html) :
- [Nexity](#)

## To settle in at a lower price

- [Toutenvélo](#) you can move flat on bike!
- [Ressourcerie Résistes](#) recycled objects in Darnétal
- [Emmaüs](#) second-hand objects, furniture, tableware in Notre-Dame de Bondeville
- [ENVIE](#) recycled (guarantee included) household appliances
- [LOCA](#) operated by volunteers of the association Enactus (located in NEOMA Business School) to rent and deliver to students second-hand household appliances.

## HANDICAP ASSISTANCE

At UniLaSalle, the Student Life Department Mr. Grégoire Boca will help you to find a solution and support you to arrange all you need for your studies and exams. You can also contact the special department [Espace Handicap](#) located at the Maison de l'Université.

The Crous Student Life Department will help all handicapped students (even in a temporary situation): support for studies arrangements, personal advice and adapted accommodation. Partnership with the University, Medecine Preventive, specialized facilities. See [www.crous-rouen.fr/](http://www.crous-rouen.fr/) section « logement » ou « aides sociales ».

[HANDISUP](#) advises students and Alumni during and after their training curriculum for a full success in their research according to their skills.

[MDPH](#) (Maison d'Accueil pour les Personnes Handicapées) and [ONISEP](#) are resources centres concerning the French Higher Education system to be adapted to the handicapped students.

CRIJ Normandie Rouen is another resources centre where handicapped students will be informed on many subjects related to their training curriculum, including internship [stages](#)

Access to public transportation within the Métropole Rouen Normandie, thanks to HANDISTUCE:

- Bus: on request at getting in the bus (special button) a platform will be able to lift a wheelchair.
- Tube: 31 stations adapted to handicapped people (lifts, platforms, infos for visually and hearing handicap).
- TEOR (bus on its own way): all buses have special platforms for wheel chairs.

Upload the *Guide de l'accessibilité pour tous* :

<https://reseau-astuce.fr/fr/accessibilite-du-reseau/93/guide-de-laccessibilite/185>

## Sport and handicap

The resources centre of Normandy "Sport & Handicap" of the French Ministry of Youth and Sports aims are:

- Foster sport access to handicapped people
- Promote places dedicated to handicapped people
- See French Ministry of Youth and Sports <http://normandie.drdjcs.gouv.fr>
- [handiguide](#)

## Culture and handicap

ARTEOZ is an association which proposes a cultural agenda for audience who look for adapted outings [www.artez.net/](http://www.artez.net/) or [www.facebook.com/artezcontact/?ref=site](http://www.facebook.com/artezcontact/?ref=site)

## HEALTH

During your Study Mobility in France, [free and compulsory registration](#) to the National Health Social Security "Sécurité Sociale" which will allow you to benefit from medical care thanks to subsidies.

In order to be reimbursed of the amount not reimbursed by the French Social Security, you can subscribe to a "mutuelle". You are free to subscribe to either

**SMENO – réseau emeVia** [SMENO](#) ou [SMENO International Students](#)

123 rue du Général Leclerc, ROUEN – Tel. 09 72 67 60 00 - Station: Theatre des Arts (Métrobus ou TEOR T1, T2 ou T3)

**LMDE - La mutuelle étudiante** [www.lmde.fr/](http://www.lmde.fr/) ou [LMDE International Students](#)

23 rue de la République, ROUEN – Tel. 08 11 50 56 33 - Station: République (TEOR T1, T2 ou T3)

European students must send a copy of the European Insurance Health Card to the International Relations Office.

## University Medical Care

For all students enrolled in a higher education institution: medical consultation, emergency cases, vaccination, nutrition counselling, contraception support, addiction, etc...

The nearest is **Maison de l'université (1st floor)** - <http://sante-social.univ-rouen.fr/>

Rue Lavoisier à MONT-SAINT-AIGNAN (02 32 76 92 92)

Or **UFR des Sciences et Techniques (Technopôle du Madrillet)** - Service infirmerie – Working hours Mon-Fri 08:45 to 17:30 - Avenue de l'Université à SAINT-ETIENNE-DU-ROUVRAY CEDEX (02 32 95 51 18)

## Hospital of Rouen (CHU)

1 rue de Germont 76000 ROUEN Tél. : 02 32 88 89 90

[www.chu-rouen.fr/](http://www.chu-rouen.fr/)

## MOVE AROUND ROUEN AND TRAVEL THROUGH EUROPE

### Public transportation in Rouen

Astuce (TCAR = Transports en Commun de l'Agglomération de Rouen)

Ticket fare 1.70€ to be bought either from the driver or automatic ticket machine. You can travel by bus and tube with the same ticket which is available for 1 hour. As you get aboard, you should validate your ticket by slipping it into the validator. Automatic ticket machines are available nearby tube stations or in ASTUCE agencies located in the railway station (Gare SNCF, Place Bernard Tissot, Station Gare/rue Verte (métro ou bus ligne 13) or near the Opera (Théâtre des Arts, 9 rue Jeanne d'Arc, Station Théâtre des Arts (métro ou TEOR T1, T2 ou T3).

### Bike ride

If you want to be eco responsible, you can rent a bicycle [location de vélos](#).

See also [appli gratuite pour trouver les stations Cy'clik](#) for a real time overview.

Guidoline is an association (compulsory subscription) will help you to fix an old bike or to find yours at the cheapest price. This workshop for cycles is also a cultural café where you will be advised and provided with specialized tools for fixing your bike yourself.

### Car sharing

Using a single car for a 4 or 5 persons who share the same travel, which makes it cheaper and the traffic jam is less massive.

<https://www.blablacar.co.uk>

<https://www.idvroom.com>

Regional car sharing <http://www.covoiturage76.net> ou [www.covoiturage27.net](http://www.covoiturage27.net)

### Taxi

French taxis are quite expensive: you'd better ask the fare before leaving! Example: from Campus UniLaSalle Rouen to downtown railway station = approx. € 11 (15-20 minutes).

### Coaches

And also <https://fr.ouibus.com/>

And <https://www.flixbus.fr/>

Profitez d'un tarif unique à € 2 for any travel around Seine-Maritime and Eure.

### Train

From Paris to Rouen [Train trip](#)

The railway station is located in Rouen Place Bernard Tissot - Stop "gare rue Verte" (bus and tube).

Thanks to the regional train (TER), you can travel throughout Normandy, at cheap student fares see annual subscription HN'GO via [bons plans SNCF](#)

### Plane

Paris airports [Aéroport d'Orly](#) or [Aéroport Roissy-Charles-de-Gaulle \(CDG\)](#)

You can schedule your trip by bus, by tube around Paris see <http://www.ratp.fr>

Airport Paris Beauvais Rouen is located at approx. 90 minutes by car from Beauvais-Tillé airport (5 minutes from UniLaSalle Beauvais Campus!). Ideal to go and visit many European cities and also North of Morocco at low costs.

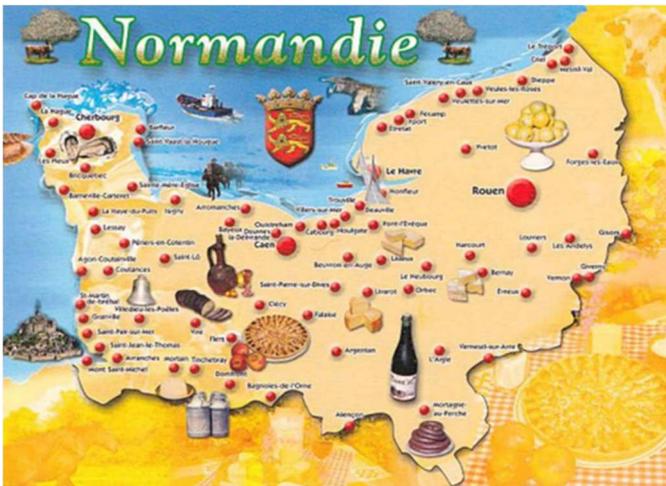
# LIVING IN ROUEN

## Presentation of Rouen / [Map of Rouen](#)

Rouen, city of art and history, is 21.38 km<sup>2</sup> with 106.560 inhabitants. The climate is temperate oceanic with regular and frequent rainfall throughout the year.

Rouen, main town of Normandy region, north west of France, is along the river Seine, biggest European grain port. Large city in the Middle Ages with churches in gothic style, such as Saint-Maclou and Saint-Ouen, and a pedestrian centre along cobbled stone streets, medieval style beamed houses. The cathedral Notre-Dame has been painted many times by the famous impressionist painter Claude Monet.

Rouen is not only the one-hundred steeples city. Its [History](#) is rich and fascinating which you will explore wandering through parcs, gardens, quays, visiting museums, taking part in thrilling events.



The 9 twin cities of Rouen are:



Hanovre



Cleveland



Salerno



Gdańsk



Norwich



Wejherowo



Luboń



Gostyń



Ningbo

Rouen away from Paris at 135 km north west of Paris with an access by train (1h15) from Paris Saint-Lazare railway station.

## Useful information

[Les Pages Jaunes](#) to find any contact you may need!

[Rouen, informations pratiques](#)

## EVERYONE CAN ACT FOR THE PLANET

### Domestic waste

SMEDAR collects, separate, process and recycle the household waste of the inhabitants of Rouen.

Schedule of collection days and info on collection points on [www.smedar.fr](http://www.smedar.fr)

### Bulky items

Moving out? How to get rid of large objects or electronic devices or household appliances?

See [www.smedar.fr](http://www.smedar.fr) clic on *Infos pratiques* for places and working hours. If you cannot bring the lot there call 0800 021 021 for a free collection.

Another contact "Résistes" <http://resistes.org/>

### Get rid of what became useless

- Donnons.org, rubrique 76
- Recupe.net, rubrique 76
- Secours populaire 76
- Armée du Salut 76
- Emmaüs/réseau Envie (domestic devices)
- [www.ecosystemes.fr](http://www.ecosystemes.fr)

Batteries collection, bulbs, cans, plastic caps and lids

You will find containers at UniLaSalle (Contact the Bureau des Etudiants) and also in city halls, shops, ...

Websites

- Bouchons 276 [www.bouchons276.com/](http://www.bouchons276.com/)
- Passe ta canette <https://fr-fr.facebook.com/passetacanette>

### Recycle your clothes

Many operators: Le Relais, Conteneurs de la Métropole, Croix-Rouge Française, Solidarité textiles.

Collection Points [www.lafibredutri.fr/](http://www.lafibredutri.fr/)

### Eco-events and eco-cups

Métropole Rouen Normandie promotes eco-friendly behaviours! Simple and practical advice will help you to contribute to a greener planet see [www.metropole-rouen-normandie.fr/ecomanifestations](http://www.metropole-rouen-normandie.fr/ecomanifestations)

### Urban travel

Either thanks to Higher Education Institutions policy to share trips between home-work-studies called "Plans de Déplacements Inter-Entreprises" (PDIE) or "Plans de déplacement campus" (PDC).

Or else:

- Support to buy electrically assisted cycles <http://www.metropole-rouen-normandie.fr> section « *Au service des habitants* » and « *Les modes de transport alternatifs* »
- Renting (Cy'clik) see voir section « Move around Rouen » on the previous page
- Car sharing see voir section « Move around Rouen » on the previous page

### Short food supply chains

The PANIER MIAM is one of the UniLaSalle student associations: twice a month (or whenever you feel like eating regional produced food) you can order your veggies and fruit basket (choose a small or a big one) but also eggs, yogurts and cheese and pick your delivery up at the MIAM office (ground floor). Other

opportunities to eat “green” via [AMAP 76 \(Association pour le Maintien de l'Agriculture Paysanne\)](#), [les producteurs locaux](#) et [Alternoo](#).

## ENJOY FREE TIME IN ROUEN

Your international mobility leads you to discover history, leisure, culture of your receiving country. Thanks to 18 theatres, 1 opera, many popular museums, over 10 cinemas, Academy of music/dance/theatre, many art galleries, festivals, school of architecture, school of art, your every life as a student in Rouen will become extraordinary! Here are a few examples:

<http://mdu.univ-rouen.fr/>

[www.metropole-rouen-normandie.fr/index.php](http://www.metropole-rouen-normandie.fr/index.php) « Agenda des sorties » / « Curieuse et sportive »

[www.rouentourisme.com/agenda/](http://www.rouentourisme.com/agenda/)

<https://www.rouen.fr/rouenmag>

<http://rouen.by-night.fr/>

<https://76.agendaculturel.fr/agenda-culturel/rouen/>

<http://www.radio-r2r.fr>

<http://radiocampusrouen.fr/>

<http://lesrencardsetudiants.wixsite.com/rouen>

<https://actu.fr/76actu/loisirs-culture/>

<http://www.tendanceouest.com/>

<http://www.normandie-web.com/agenda>

## Blogs

Miles and Love: discover Rouen through the eyes of 2 former Parisians.

<https://milesandlove.com/france/rouen-insolite-saviez-vous-qu-a-rouen>

If you prefer paper version (who knows ;) you will find many magazines in various places in the city:

*ROUEN, votre ville, votre magazine ! ; Le Mag ; Seine-Maritime, magazine ; Bazart Normandie ; Whats Up Rouen ; Cote Rouen*

Free exhibitions and workshops organized by « La Réunion des Musées Métropolitains » gathering 8 museums of Rouen and its metropolitan area on subjects such as: geology, zoology, paintings, drawings, photographs, decorative arts, archeology, industrial history, etc... see <http://musees-rouen-normandie.fr/fr>

## Concerts

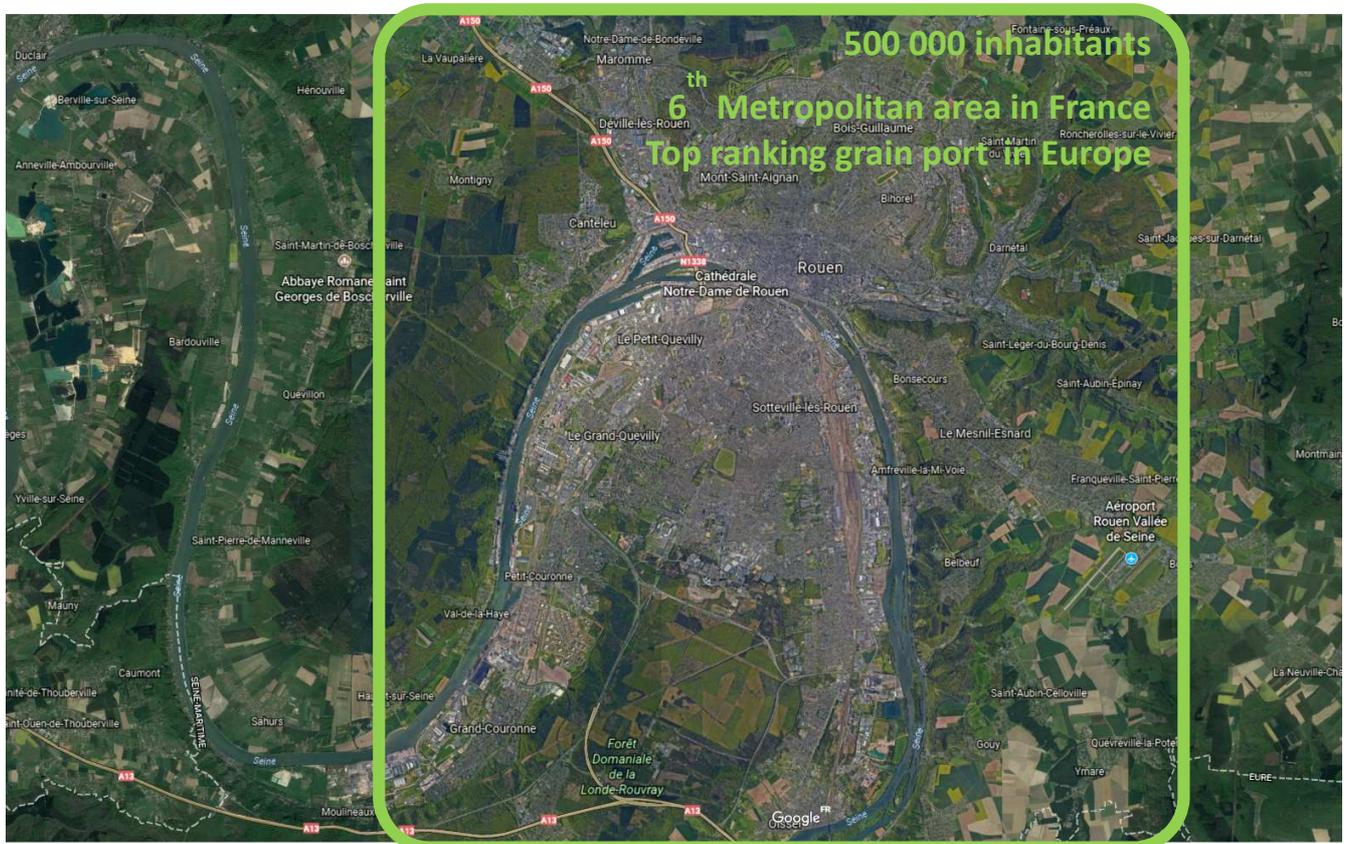
- Le 106 [www.le106.com/](http://www.le106.com/)
- Le Zénith [www.zenith-de-rouen.com/](http://www.zenith-de-rouen.com/)
- Le Kalif [www.lekalif.com/](http://www.lekalif.com/)
- L'oreille qui traîne [www.facebook.com/oreillequitraine](https://www.facebook.com/oreillequitraine)

## Classical music

- Opéra de Rouen Normandie <http://www.operaderouen.fr/>
- La Chapelle Corneille <https://chapelle-corneille.normandie.fr/>
- The Academy of Music-Theatre- Dance of Rouen <http://www.conservatoirederouen.fr/>
- Churches (Cathedral, Saint-Maclou, ...), Temple Saint-Eloi, and many others ...

# TOURISM IN NORMANDIE

## General information



[Application HANDYTOWN](#) helpful and free to discover Rouen

[Normandie Carte interactive](#)

The Tourism Office located on the Cathedral place will give you all details to travel throughout Normandy. The most famous places in Normandy are: Giverny, Honfleur, Etretat, Deauville, D-Day landing beaches, Mont-Saint-Michel, and many more ...

[Armada 2019](#) (6-16 June 2019)

The most beautiful vessels in the world will be mooring on the quays of the Seine for 10 days in June next year. Unforgettable event to celebrate the 30<sup>th</sup> anniversary of the famous Armada in Rouen.

[The botanic garden](#)

Beautiful and restful place to discover. Walk or jog surrounded by trees, plants and flowers. Rouen botanic garden has also a scientific aim by offering a varied display of fauna and flora (most important collection of fuschias in France, seeds bank).

### **THE NOTRE DAME CATHEDRAL**

The Notre-Dame cathedral, the most prestigious monument of the city of Rouen, is the seat of the archdiocese of Rouen. The Archbishop of Rouen, holds the title of Primate of Normandy, his cathedral therefore has a very high rank.

The Notre-Dame Cathedral is the highest in France and was the tallest building in the world at the time of its completion in 1876, and kept this title until 1880 when it was dethroned by the cathedral of Cologne (157 meters). It remains the second highest cathedral in the world. It also holds the record for the widest facade thanks to its Western façade, which measures 61.60 meters.

Considered 'la plus humaine des cathédrales' (meaning "the most human of cathedrals") due to the lack of symmetry on its western facade, it is known worldwide, especially by the 30 paintings from the series 'Cathedrals of Rouen', painted by Claude Monet.

### **PALACE OF JUSTICE**

The Rouen Courthouse was built between 1499 and 1507 to house the town hall and the former Exchequer of Normandy. It became the Parliament of Normandy under the reign of Francis I, in 1515, before becoming a courthouse during the French Revolution.

From the size and richness of its design, it shows the prosperity found in the city of Rouen at the end of the fifteenth century.

Ravaged on April 19, 1944 during the bombing preceding the liberation of the city which caused more damage, the central Louis XII style main building was almost completely destroyed. The building must then be partially rebuilt. The building was classed as a historic monument in 1977 followed by its definitive inscription in 1979.

The courthouse is one of the only examples of civil Gothic architecture of the late middle Ages in France. Typical of this Louis XII style architecture, the widening of the windows conveys a notion of luxury while their abundance adds to the overall enchantment of the building.

### **LE GROS HORLOGE**

The 'Big Clock' is one of the emblematic monuments of the city of Rouen. The construction, adjoining a belfry, consists of a Renaissance arch spanning rue du Gros-Horloge topped by a fourteenth century astronomical clock.

The Gros-Horloge was classed as a historical monument in 1862.

### **JOAN OF ARC CHURCH and THE HALLS**

This church with its daring architecture allows us to admire the stained glass windows which were originally part of the Saint-Vincent church. The Saint Vincent church was located on Joan of Arc Street and was destroyed in 1944. The new church's design evokes both a Viking boat and a fish.

It was dedicated on April 29, 1979 and was inaugurated on May 27, 1979 by Valéry Giscard d'Estaing, President of the Republic.

The church has been registered as a historic monument since October 30, 2002.



## IN CASE OF EMERGENCY

### Useful phone numbers

#### Emergency [SAMU](#)

or on-call doctor or medical advice after 8:00 PM, during week-end and days-off (FREE call)

📞 15 or 112 via GSM

📞 116 117

Fire station

📞 18

Health Information Centre

📞 02.32.88.58.68

On duty pharmacy

📞 32.37

Dentist

📞 02.35.15.81.27

Emergency services

📞 02.32.88.82.51

Homeless emergency

📞 115

Poison Control Centre

📞 02.32.88.44.00

Social isolation

📞 02.32.88.57.62

Family planning (sexuality, contraception...)

📞 02.35.73.28.23

HIV anonymous and free call

📞 0800 840 800

## Documents to bring in your suitcase!

French administrative procedures require a few documents: either original, copy and/or scan version, don't forget them!

- ✓ National ID Card or Passport
- ✓ European Health Insurance Card
- ✓ Birth Certificate (non-European students)
- ✓ 2 (or 4) ID photos
- ✓ Adapter plug

**UniLaSalle Rouen Campus**  
**International Relations Office**  
**Pôle Mobilité Internationale**  
**Mrs Emmanuelle Galenne-Milhoud**  
**3 rue du Tronquet – CS 40118**  
**F-76134 MONT-SAINT-AIGNAN Cedex**  
**+33 (0)232.82.91.58**  
[Emmanuelle.Milhoud@unilasalle.fr](mailto:Emmanuelle.Milhoud@unilasalle.fr)